

## **SunMed Skin & Medical | Adult Circumcision: Procedure And Post-Operative Care**

### **Before the Procedure:**

- The doctor will administer anaesthesia before commencing the procedure.
- The entire procedure is expected to take approximately 1 hour.

### **Post-Procedure Care Instructions:**

- Following the completion of the circumcision, an antibiotic ointment will be applied to the penis to prevent infection, and a bandage will be placed to avoid sticking to underwear.
- Note: The bandage may easily fall off; this is considered normal.

### **First 24 Hours:**

- Avoid bathing or showering in the first 24 hours post-procedure to allow the area to heal.

### **Ointment Application:**

- Apply the antibiotic ointment regularly, at least 4 times a day, for the first 5 days post-procedure.

### **Pain Management:**

- It is normal for the treated area to be painful for a few days post-procedure. Take analgesia (pain relief medication) as recommended by your doctor to manage discomfort.

### **Expected Changes:**

- The penis may appear slightly red and swollen initially, but this should subside over time and not worsen.



**Monitoring and Reporting:**

- If you have any concerns or experience bleeding, contact the surgery without delay. Open communication with the healthcare team is crucial during the recovery period.

**Sexual Activity:**

- Refrain from engaging in sexual intercourse for a period of 6 weeks post-procedure. This allows for proper healing and minimizes the risk of complications.

**Follow-Up:**

- Schedule a follow-up appointment with your doctor to monitor the healing process and address any questions or concerns you may have.

Remember, each individual may experience the recovery process differently, and it's essential to follow these guidelines and any additional instructions provided by your healthcare provider. If you have further questions or concerns, do not hesitate to reach out to your medical team for guidance.